

# The effect of Chitosan IFN $\alpha$ -pDNA Nanoparticle on the Pain induced by Varicella-zoster Virus in a Rat Model of Post-Herpetic Neuralgia

Hyokho Jon<sup>1</sup>, Songchan Han<sup>2\*</sup>, Sinhyok Paek<sup>3</sup>, Sungil Paek<sup>4</sup>, Songchol Mun<sup>5</sup>

<sup>1</sup>Pyongyang University of Medical Sciences, Central District, Pyongyang, Democratic People's Republic of Korea.

<sup>2</sup>Department of Pathophysiology, Pyongyang University of Medical Sciences, Central District, Pyongyang, Democratic People's Republic of Korea.

<sup>3</sup>Department of Paediatrics, Pyongyang University of Medical Sciences, Central District, Pyongyang, Democratic People's Republic of Korea.

<sup>4</sup>Department of Clinical Laboratory, Kanggye Medical College, Kanggye City, Jagang province, Democratic People's Republic of Korea.

<sup>5</sup>Department of Pathophysiology, Pyongyang University of Medical Sciences, Central District, Pyongyang, Democratic People's Republic of Korea.

\*Corresponding Author Email: [shypinguo202127@163.com](mailto:shypinguo202127@163.com)

## ABSTRACT

**Background and Aim:** Acute and chronic pain (post-herpetic neuralgia or PHN) are encountered in patients with herpes zoster that is caused by reactivation of varicella-zoster virus (VZV) from a state of neuronal latency. PHN is often refractory to current treatments, and additional strategies for pain relief are needed. The present study aims to assess the effects of Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) on the pain induced by varicella-zoster virus in Sprague–Dawley rat model of post-herpetic neuralgia. **Methods:** : Rats were injected with 0.2mL of PBS, Chitosan IFN $\alpha$ -pDNA Nanoparticle( dose corresponding to 50 $\mu$ g pDNA in 1mL) and IFN $\alpha$ -pDNA(50 $\mu$ g/mL) 3 days before VZV infection. MA and TH ipsilateral/contralateral responses were measured according to days after VZV infection. And also rats inoculated with VZV and showing significant mechanical and thermal hypersensitivity by 19 days post infection were then inoculated at the same footpad with 0.2mL of PBS, Chitosan IFN $\alpha$ -pDNA Nanoparticle( dose corresponding to 50 $\mu$ g pDNA in 1mL) and IFN $\alpha$ -pDNA(50 $\mu$ g/mL). Animals receiving PBS, Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) and IFN $\alpha$ -pDNA continued to measure MA and TH ipsilateral/contralateral responses according to days after vector administration. **Results:** Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) effectively reduced chronic VZV-induced nocifensive indicators of pain such as mechanical allodynia(MA), thermal hyperalgesia (TH). **Conclusion:** These results indicate that administration of Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) relieved VZV-induced pain and prophylactic CIN administration prevented VZV-induced pain from developing.

**Keywords:** Chitosan IFN $\alpha$ -pDNA Nanoparticle, Varicella-zoster virus, Post-herpetic neuralgia.

## Article Information

Received: November 21, 2025; Revised: December 14, 2025; Online: December, 2025

## INTRODUCTION

Herpes zoster (HZ), a painful and debilitating disease seen most often in the elderly and immune compromised, is the clinical manifestation of reactivation of the

human alphaherpesvirus Varicella Zoster Virus (VZV) from a neuronal latent state that was established during the primary infection, chickenpox (varicella). HZ affects about a

quarter of the population in their lifetimes, with incidence rising with age and/or cellular immune decline.<sup>[1]</sup> Of numerous neurological complications associated with HZ, the most common by far is pain, which is the major contributor to HZ morbidity.

Pain may occur before, during and/or after the skin disease of zoster and even occurs in its absence.<sup>[2]</sup> Up to 90% of zoster patients experience acute pain,<sup>[3]</sup> which may be alleviated by timely antiviral administration to limit viral replication. However, one-third of patients develop chronic, more difficult to treat pain states known as post-herpetic neuralgia (PHN) that usually fail to respond to antiviral treatments. These may become so severe that they lead to disparate secondary consequences that affect quality of life, causing depression, withdrawal from society and even suicide.<sup>[4]</sup>

It is acknowledged that the currently available options for the treatment and management of chronic pain are limited due to significant adverse side effects, particularly of our most effective and most commonly used analgesics; NSAIDs and opioids.<sup>[5]</sup>

PHN remains a significant public health concern in urgent need for improved treatment strategies.<sup>[6]</sup> Interferon alpha (IFN $\alpha$ ) is a cytokine that exhibits a broad spectrum of antiviral, immunomodulatory, antiproliferative and antitumoral activities.<sup>[7]</sup> The half-life of IFN $\alpha$  is 2-3 h after intravenous injection, and 3-8 h following intramuscular or subcutaneous administration.<sup>[8]</sup> Consequently, frequent injections and/or increased dosing are required to reach pharmacologically efficient IFN $\alpha$  levels; this often ties in with high peak concentrations and undesired effects. Systemic application of IFN $\alpha$  causes flu-like, neuropsychiatric, hematologic, and hepatic symptoms.<sup>[9]</sup>

To overcome these limitations to their therapeutic use, several investigators have used expression vectors containing the cloned cytokine complementary deoxyribonucleic acid

(cDNA) under the regulation of a constitutive promoter as a means of boosting in vivo production of specific cytokines.<sup>[10]</sup> One important development in gene transfer was the discovery that chitosan (a biocompatible cationic polysaccharide derived from crustacean shell chitin) in the form of nanoparticles (100–200 nm) could be used to deliver plasmids.<sup>[11]</sup>

Chitosan(CS), a hydrophilic polysaccharide, is characterized for its biodegradable, nontoxic, and biocompatible properties, providing several pharmaceutical applications.<sup>[12]</sup> Chitosan(CS) nanoparticulate systems have shown potential to be successful carriers for proteins, peptides, DNA and small drug molecules.<sup>[13]</sup>

So we investigated the inhibitory effect of Chitosan IFN $\alpha$ -pDNA Nanoparticle on the pain induced by varicella-zoster virus in Sprague–Dawley rat model of post-herpetic neuralgia.

## MATERIAL AND METHODS

### *Animals*

Male 200–250 g Sprague–Dawley rats (Charles River Laboratories, Wilmington, MA, USA) were acclimatized to housing for 1 week, and then assessed for baseline MA and TH responses, as detailed below, to identify and exclude pre-existing atypical responses. So 14 rats are randomly chosen and during the experiment, feed and water were available to rats at any time.

### *Rat model of post-herpetic neuralgia*

Following isoflurane-induced anesthesia, VZV inoculates were washed in ice-cold PBS, resuspended at  $2 \times 10^6$  PFU/mL (or cell equivalents) in PBS and inoculated into the glabrous region of the right rear footpad of male Sprague-Dawley rats.

Rats were monitored for recovery and return to normal activity.

### *Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN)*

Chitosan/TPP nanoparticles were prepared according to the ionotropic gelation technique

previously developed.(16). Nanoparticles were formed instantaneously upon the dropwise addition of a fixed volume of TPP (e.g. 1.2 ml) solution to a fixed volume of chitosan solution (e.g. 3 ml) under magnetic stirring. For their encapsulation, pvax-IFN $\alpha$  were incorporated into the TPP solution prior to nanoparticle formation. The theoretical DNA loadings were 10% with respect to the total amount of Chitosan used for particle preparation. Nanoparticles were produced at a constant pvax-IFN $\alpha$  concentration of 50 $\mu$ g/mL for use in the *in vivo* studies. Rats were injected with 0.2mL of PBS, Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) and IFN $\alpha$ -pDNA 3 days before VZV infection.

And other rats inoculated with VZV and showing significant mechanical and thermal hypersensitivity by 19 days post infection were then inoculated at the same footpad with 0.2mL of PBS, Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) and IFN $\alpha$ -pDNA(50 $\mu$ g/mL).

#### **Mechanical allodynia(MA)**

MA was determined using one set of calibrated von Frey filaments (Stoetling, Wood Dale, IL, USA) and the 'up down' method established previously.

In brief, animals were allowed to equilibrate on a wire gridbased platform apparatus (IITC Life Sciences, Woodland Hills, CA, USA) for 15 min. Starting with a von Frey filament of 10 g weight of force, each filament was applied for 6 s with sufficient force to cause bending against the paw when applied to one foot at a time. A positive response was defined as rapid withdrawal and/or licking of the paw upon application of the stimulus, and was followed by application of the next finer von Frey filament. A negative response was followed by testing with the next higher weight von Frey filament. A total of six measurements were recorded for both left contralateral (uninoculated) and right ipsilateral (inoculated) footpads.

As some animal to animal variation of sensitivity was occasionally found, MA sensitivity variations from animal to animal were minimized by representing responses as a ratio of the calculated mean ipsilateral/contralateral response for each animal.

#### **Thermal hyperalgesia (TH)**

TH was determined using a Hargreaves apparatus (IITC) according to established methodology. In brief, rats were allowed to equilibrate on a glass stage heated to 34 °C for at least 15 min, and then a calibrated focused radiant heat source was placed at a set distance under each rear paw, starting with the contralateral paw. The time recorded for animals to remove their paw from the heat source (latency withdrawal period) was determined from three measurements per paw, with a cut-off of 25 s and a minimum a 1–2 min rest period between measurements. Responses were also calculated as a ratio of ipsilateral to contralateral per animal.

#### **Statistical analysis**

Quantitative data are reported as mean  $\pm$  standard error of the mean. Statistical differences in basal characteristics between the groups were calculated by one-way analysis of variance and t-test for continuous variables.  $P < 0.05$  was considered statistically significant. All statistical analyses were performed using the SPSS 16.0 software.

## **RESULTS**

Rats were injected with 0.2mL of PBS, Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) and IFN $\alpha$ -pDNA 3 days before VZV infection. MA and TH ipsilateral/contralateral responses were measured according to days after VZV infection.

As shown in figure 1, 2 the MA and TH score(ipsilateral/contralateral) in Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) group was significantly increased compared with other groups( $p < 0.05$ ).

Rats inoculated with VZV and showing significant mechanical and thermal hypersensitivity by 19 days post infection were then inoculated at the same footpad with 0.2mL of PBS, Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) and IFN $\alpha$ -pDNA.

As shown in figure 3, 4 the MA and TH score(ipsilateral/contralateral) in Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) group was significantly increased compared with other model groups( $p < 0.05$ ).

## DISCUSSION

Acute and chronic pain (post-herpetic neuralgia or PHN) are encountered in patients with herpes zoster that is caused by reactivation of varicella-zoster virus (VZV) from a state of neuronal latency. PHN is often refractory to current treatments, and additional strategies for pain relief are needed.<sup>[6]</sup> Interferon alpha (IFN $\alpha$ ) is a drug used to treat viral infections and cancer diseases.

Due to its poor stability in the gastrointestinal tract, only parenteral administration ensures bioavailability, which is associated with severe side effects.<sup>[9]</sup> The half-life of IFN $\alpha$  is 2-3 h after intravenous injection, and 3-8 h following intramuscular or subcutaneous administration.<sup>[8]</sup>

Chitosan(CS) nanoparticulate systems have shown potential to be successful carriers for proteins, peptides, DNA and small drug molecules.<sup>[13]</sup> In this work, we produced pvaxIFN $\alpha$ -loaded chitosan nanoparticles by the ionotropic gelation method and investigated the inhibitory effect of Chitosan p<sup>vax</sup>IFN $\alpha$  Nanoparticle on the pain induced by varicella-zoster virus in Sprague–Dawley rat model of post-herpetic neuralgia. First, rats were injected with 0.2mL of PBS, Chitosan IFN $\alpha$ -pDNA Nanoparticle (CIN) and IFN $\alpha$ -pDNA 3 days before VZV infection. As shown in figure 1, 2 the MA and TH score(ipsilateral/contralateral) in Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN)

group was significantly increased compared with other groups.

As a result, we conclude that prophylactic administration of CIN can block the development of VZV-induced pain. Then rats inoculated with VZV and showing significant mechanical and thermal hypersensitivity by 19 days post infection were then inoculated at the same footpad with 0.2mL of PBS, Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) and IFN $\alpha$ -pDNA. Figure 3 ,4 showed that Animals receiving PBS or IFN $\alpha$ -pDNA continued to show significantly biased MA and TH ipsilateral/contralateral responses after vector administration. Remarkably VZV-induced MA and TH nocifensive responses showed prolonged relief following a single inoculation of Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN).

## CONCLUSION

Our study showed that Chitosan IFN $\alpha$ -pDNA Nanoparticle(CIN) can inhibit the pain induced by varicella-zoster virus in Sprague–Dawley rat model of post-herpetic neuralgia.

## ACKNOWLEDGMENT

None.

## REFERENCES

1. Harpaz R, Ortega-Sanchez IR, Seward JF. Advisory Committee on Immunization Practices Centers for Disease, C. & Prevention. Prevention of herpes zoster: recommendations of the Advisory Committee on Immunization Practices (ACIP). MMWR. Recommendations and reports: Morbidity and mortality weekly report. Recommendations and reports / Centers for Disease Control 2008; 57: 1–30.
2. Gilden D, Cohrs RJ, Mahalingam R, Nagel MA. Neurological disease produced by varicella zoster virus reactivation without rash. Curr Top Microbiol Immunol 2010; 342: 243–253.

3. Haanpaa M, Laippala P, Nurmikko T. Pain and somatosensory dysfunction in acute herpes zoster. *Clin J Pain* 1999; 15: 78–84.
4. Drolet, ,Brisson,M., Schmader,K.E., Levin,M.J., Johnson,R., Oxman,M.N., Patrick, D., Blanchette,C., Mansi,J.A., The impact of herpes zoster and post-herpetic neuralgia on health-related quality of life: a prospective study. *Can. Med. Assoc. J.* 2010, 182, 1731–1736.
5. IOM. Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. Washington DC: National Academies Press(US); 2011..
6. Kinchington PR, Goins WF. Varicella zoster virus-induced pain and post-herpetic neuralgia in the human host and in rodent animal models. *J Neurovirol* 2011; 17: 590–599.
7. Katze, M.G.; He, Y.; Gale, M. Viruses and interferon: A fight for supremacy. *Nat. Rev. Immunol.* 2002, 2, 675–687.
8. Sweetman, The Complete Drug Reference, 2008.
9. M. Lens, *Dermatologic Therapy* 2006; 19; 9–18.
10. Hogan SP, Foster PS, Tan X, Ramsay AJ. Mucosal IL-12 gene delivery inhibits allergic airways disease and restores local antiviral immunity. *Eur J Immunol* 1998; 28: 413–23.
11. Roy K, Mao HQ, Huang SK, Leong KW. Oral gene delivery with chitosan—DNA nanoparticles generate immunologic protection in a murine model of peanut allergy. *Nat Med* 1999; 5: 387–91.
12. Agnihotri SA, Mallikarjuna NN, Aminabhavi TM. Recent advances on chitosan-based micro- and nanoparticles in drug delivery. *J Control Rel* 2004; 100: 5–28.
13. Anumita Chaudhury et al. Recent Advancement of Chitosan-Based Nanoparticles for Oral Controlled Delivery of Insulin and Other Therapeutic Agents, *AAPS PharmSciTech*, 2011; 12: 10-20,
14. Jean-Marc G. Guedon et al. Relief of pain induced by varicella-zoster virus in a rat model of post-herpetic neuralgia using a herpes simplex virus vector expressing enkephalin, *Gene Therapy* 2014; 21; 694–702.
15. Jean-Marc G. Guedon et al. Neuronal changes induced by Varicella Zoster Virus in a rat model of postherpetic neuralgia, *Virology* 2015; 482; 167–180.
16. Noemi Csaba et al. Ionically crosslinked chitosan/tripolyphosphate nanoparticles for oligonucleotide and plasmid DNA delivery, *International Journal of Pharmaceutics* 2009; 382; 205–214.